



REDHAWKS DINER

NEMO VISTA SCHOOLS

NOVEMBER 27TH-DECEMBER 1ST



BREAKFAST is served with ½ cup fruit or 100% Fruit Juice & Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Pop Tart Graham Crackers Or Cereal Graham Crackers PRK:Cereal	Chicken & Biscuit OR Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Waffle w/Syrup OR Cereal Graham Crackers	Blueberry Muffin Graham Crackers Or Cereal Graham Crackers

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Salisbury Steak Creamed Potatoes Green Beans Biscuit	Pizza Stick Cooked Carrots Corn MS/HS Option #2: Crispito	Bologna & Cheese Sandwich Pickle Spear Baked Beans Baked Chips	Hot Dog Tator Tots Broccoli w/Cheese MS/HS Option #2: Corn Dog	Vegetable Beef Soup Cheese Stick Carrots/Ranch Crackers MS/HS: Salad Bar

All entrées are offered with fruit.

All grains are whole grain rich.

Menu is subject to change due to availability.

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